

Symposia Titles and Contributors

Symposium 1:

Broadening the application of metacognitive theory and therapy to physical health populations

Convenor & Chair: Peter Fisher, University of Liverpool

1. Metacognitions and negative emotions as predictors of severity of symptoms in chronic fatigue syndrome

M. Spada, London South Bank University,
L Maher-Edwards, Fatigue Service, Royal Free Hospital,
B. Fernie, Fatigue Service, Royal Free Hospital
G. Murphy, Fatigue Service, Royal Free Hospital
A.Wells, University of Manchester
A. Nikccevic, Kingston University

2. An examination of metacognitive beliefs and emotional distress in recently diagnosed cancer patients

S. Cook, University of Liverpool
P. Salmon, University of Liverpool
P. Fisher, University of Liverpool

3. A preliminary study of metacognitive therapy for anxiety and depression after a cardiac event.

G. Pazeck, University of Manchester
A. Wells, University of Manchester

Symposium 2:

Metacognitive therapy for children and adolescents

Convenor & Chair: Michael Simons, Aachen University

1. The association between metacognitive beliefs and treatment outcome in anxiety-disordered adolescents

D.M. Ellis, Macquarie University, Sydney
J. L. Hudson, Macquarie University, Sydney

- 2. Comparing individual cognitive therapy and group based CBT with attentional placebo in adolescents with social phobia: A randomized controlled trial of junior high school students.**

J.M Ingul, Department of Child and Adolescent Psychiatry, Levanger Hospital
T. Aune, Department of Psychology NTNU, Trondheim
H.M. Nordahl, Department of Psychology NTNU, Trondheim

- 3. PTSD in youth – a case series of metacognitive therapy**

M. Simons, Aachen University

Symposium 3:

Eating Disorders

Convenor & Chair: Gillian Todd, University of East Anglia & University of Cambridge

- 1. Metacognition in Anorexia Nervosa**

R.A. Woolrich, Oxford & Bucks Eating Disorder service, Aylesbury
M. Cooper, University of Oxford
H.M. Turner, University of Oxford

- 2. An examination of metacognitions and Intolerance of Uncertainty in relation to eating attitudes**

A. Konstantellou, Institute of Psychiatry, London
M. Reynolds, Brunel University

- 3. Predictors of eating disorder symptoms in 16 to 19 year old school girls: A 12-month prospective cohort study**

G. Todd - University of East Anglia & University of Cambridge
M. Cooper, University of Oxford
T. Croudace, University of Cambridge
I. Goodyer, University of Cambridge
A. Wells, University of Manchester

Symposium 4:

Changing Metacognitive processes in Obsessive Compulsive Disorder

Convenor & Chair: Peter Fisher, University of Liverpool

1. Changes in thought fusion-beliefs and beliefs about rituals following treatment of OCD

S.Solem, Norwegian University of Science and Technology,
B.Hansen, Norwegian University of Science and Technology
K.Hagen, Norwegian University of Science and Technology
P.A.Vogel, Norwegian University of Science and Technology
P. Fisher, University of Liverpool, UK

2. Metacognition and Memory in Obsessive Compulsive Disorder

C. Exner, University of Marburg
J. Kikul, University of Marburg
W. Rief, University of Marburg

3. All subtypes welcome: An open trial of group metacognitive therapy for OCD

4.

P. Fisher, University of Liverpool
A. Wells, University of Manchester

Symposium 5:

Social Phobia

Convenor & Chair: H. M. Nordahl, NTNU Trondheim

1. Detached mindfulness versus thought challenging in high socially anxious individuals: a comparison

S. Gkika, University of Manchester
A. Wells, University of Manchester

2. Changes in meta-cognitions as predictors of outcome in cognitive therapy for social phobia. Results from a randomized controlled trial

T.C. Stiles, Dept of Psychology, NTNU
P.A.Vogel, Dept of Psychology, NTNU
G. Morken, INM, NTNU
A.Wells, University of Manchester
H.M. Nordahl, Dept of Psychology, NTNU

3. **A Randomised, placebo-controlled trial comparing the effects of Metacognitively enhanced cognitive therapy (mCT), paroxetine and both mCT and paroxetine in generalized social phobia.**

H.M Nordahl, Dept. of Psychology, NTNU;
A.Wells, University of Manchester
P. A. Vogel, Dept. of Psychology, NTNU
G. Morken, INU, NTNU
T.C Stiles, Dept. of Psychology, NTNU

Symposium 6:

Metacognitive Processes in Addictive Behaviours.

Convenor & Chair: M.M. Spada, London South Bank University

1. The relative contributions of metacognitive beliefs and expectancies to drinking behaviour

M.M. Spada, London South Bank University
G.B. Moneto, London Metropolitan University
A. Wells, University of Manchester

2. Metacognitions as a predictor of drinking status and level of alcohol use following CBT in problem drinkers: A prospective study.

M.M. Spada, London South Bank University
G. Caselli, London South Bank University
A. Wells, University of Manchester

3. The role of metacognitive processes in desire thinking.

G.Caselli, London South Bank University & Studi Cognitivi, Modena, Italy
M. M. Spada, London South Bank University

4. Development and validation of the Smoking Metacognitions Questionnaire

A.V. Nikcevic, Kingston University
M.M. Spada, London South Bank University

Symposium 7:

Post Traumatic Stress

Convenor & Chair: A.Wells, University of Manchester

1. Metacognition, memory disorganization and rumination in posttraumatic stress symptoms

H. Bennett, Bolton NHS Trust
A. Wells, University of Manchester

2. Effects of Attention Training on intrusive thoughts and attention flexibility following life stress: An experimental study

Y. Nassif, University of Manchester
A. Wells, University of Manchester

3. Metacognitive therapy versus exposure therapy in the treatment of PTSD: A randomized controlled trial

D. Proctor, University of Queensland
D. Walton, University of Manchester
K. Lovell, University of Manchester
A.Wells, University of Manchester